



# Community Spot-Lite

## Dr. Stephanye Graham—Voted Fayetteville’s Best Chiropractor

Story by Jae McKrae \* Photo by JJ Jones



Dr. Stephanye Graham - (910) 823-4879

**Graham Chiropractic & Health**  
**Accident Injury Center of**  
**Fayetteville**

At Graham Chiropractic & Health, Dr. Graham uses a variety of techniques to detect signs of dysfunction and restore normal function by allowing self-healing.

Because some are not comfortable with traditional chiropractic, Dr. Graham also offers several therapy options to her patients. She administers chiropractic manipulation (by hand or by instrument), acupuncture, physical therapy, rehabilitation, massage therapy, etc. Anyone who wants to live a long active lifestyle can benefit from chiropractic care.

Those who suffer from the following symptoms insistently seek chiropractic relief from Graham Chiropractic & Health:

Neck pain, numbness, depression, back pain, sciatica, headaches, arthritis, carpal tunnel, acid reflux, tendonitis, colitis, cold, allergies, sinuses, arm/shoulder pain, leg/hip pain, muscle cramping, hand/foot pain, fibromyalgia and more.

Chiropractic is the largest natural healing profession in the world and it offers relief to millions worldwide as well. Dr. Stephanye Graham is undoubtedly an expert in her field and would love to add you to her family of satisfied friends. In addition, she continues to tell the chiropractic story with great pride and conviction.

### Graham Chiropractic & Health

**\*Headache \* Neck or Back Pain**  
**\*Numbness \* Arm/Leg/Pain?**

**(910) 832-4879**

5851 Ramsey Street, Fayetteville, NC  
[www.freeofbackpainnow.com](http://www.freeofbackpainnow.com)

After practicing chiropractic for 2 years in Atlanta, Georgia, Fayetteville native Dr. Stephanye Graham realized the best way to share chiropractic with the world was to open a clinic in her hometown of Fayetteville...where she could help to heal family, friends and associates as well as their individual circle of friends.

Dr. Stephanye Graham is the owner and Clinic Director of Graham Chiropractic & Health in Fayetteville, 5851 Ramsey Street, near Methodist College. The clinic has been in this location for almost 2 years.

Dr. Graham was born and reared in Fayetteville; she graduated from E.E. Smith High School. She furthered her education at Fayetteville State University where she graduated with honors and a B.S. degree in 2003. Dr. Graham started her journey with the natural healing art of chiropractic in Lombard, Illinois, and completed her doctorate of chiropractic in April of 2007.

Dr. Graham loves to share her expertise and knowledge with the community by organizing workshops and seminars. She also speaks about the natural healing practices to church and community groups.

Dr. Graham, a skilled chiropractic physician, specializes in the diagnosis, treatment, and overall management of conditions that are due to mechanical dysfunction of the joints and muscle and its effect on the nervous system. The science behind chiropractic is that the body has the capability of healing itself.

If ailments from accidents or lifestyle lead to poor, inadequate, or incorrect function in the spine or the joints, irritation of the nerves and muscles can occur, causing dysfunction and pain within the body—better known as disease. Often overlooked by conventional medicine, Chiropractic has been healing for more than 100 years.

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